

About Us

UHP was founded in 2011 with the vision that real, sustainable change could only occur through long-term investment, community-driven approaches, and a commitment to health equity. Since then, we have been a leader in community-based health equity initiatives throughout southeast Florida, promoting action through partnerships and grassroots empowerment strategies. Our multidisciplinary team brings a unique lens to fulfill our mission to improve community health by integrating our passion and expertise in public and mental health, engineering and transportation, and community development.





Our Mission

To invest in communities by co-designing sustainable change and promoting equity and well-being across the life span.

Our Purpose





What Sets Us Apart? Innovative Initiatives & Collaborative Partnerships!





We Exist to Ignite, Inspire, and Implement CHANGE





Our Roadmap Toward Health Equity

Provide Services In:

To Mobilize Communities and Governments To:

For the Benefit Of:

To Produce These Outcomes:

- Technical Assistance
- Project & Program Management Co-design Solutions
- Policy, Systems & **Environmental Charges**
- Connecting Partners
- Research & Analysis
- Community Integration, **Development & Mobilization**
- Building Collaborative Initiatives & Spaces
- Empower Communities
- Create Strategic Partnerships
- Address Systemic Inequities & Health Disparities
- Transform Public Streets
- People of All Ages, from Children to Older Adults
- Disenfranchised & **Vulnerable Communities**
- Local Agencies & Partner Organizations
- Pedestrians, Cyclists & Transit User
- Improve Health Outcomes and Prevent Illness
- Reduce Health Disparities
- Promote Equitable Access to Live a Healthy Life
- Improve Well-Being & Quality of Life at All Ages

















Initiatives & Areas of Impact



UHP is a non-profit organization that taught me to love the place where I live more every day. As an immigrant, the experience with UHP has helped me to feel part of my community, to understand why it is important to live in a healthy environment and why we as residents should advocate for a more just and equitable community. The UHP team is incredible, they gave me the opportunity to reinvent myself in this country, making me grow into being a great community leader for the common good.

- Alejandro Diaz former UHP Live Healthy Little Havana Community Liaison



I have learned so much from this organization and my role as a Community Liaison. I am forever grateful for the many things we have been able to accomplish together.

- Ebony Harris, former UHP Get Moving! Miami Gardens Community Liaison

Impact Highlights By the Numbers



2500+

Participants have attended UHP-led, large-scale events since 2015.



49+

Community Liaisons have been hired, trained and work with UHP to engage residents across 12 projects.



80+

Age-friendly policy, systems and environmental changes implemented in Miami-Dade County since 2012.



195+

Miles in Broward County in various phases of Complete Streets implementation following UHP' assistance to the Broward Metropolitan Planning Organization's Initiative.



40+

Food access policy and systems changes have been implemented.



6,166,488

Residents we serve across 44 communities and 3 counties.



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urbanhp.org



