



UHP was founded in 2011 with the vision that real, sustainable change could only occur through long-term investment, community-driven approaches, and a commitment to improving health and quality of life. Since then, we have been a leader in driving community public health initiatives throughout southeast Florida, promoting action through partnerships and collaborative local strategies. Our multidisciplinary team brings a unique lens to fulfill our mission to improve community health by integrating our passion and expertise in public and mental health, urban planning and transportation, and community development.





Our Mission

To invest in communities by co-designing sustainable change and promoting health and well-being across the life span.

Our Purpose

What Drives Us?
Partnering with
communities and
governments to improve
health for all.



What Sets Us Apart? Innovative Initiatives and Collaborative Partnerships!



We Exist to Drive Meaningful & Lasting CHANGE





Our Roadmap to Advancing Community Health

We Provide Services In: To Support Communities and Governments To:

For the Benefit Of:

To Produce These Outcomes:

- Technical Assistance
- Project and Program Management
- Policy, Systems and Environmental Changes
- Connecting Partners
- Research and Analysis
- Community Integration,
 Development and Mobilization
- Building Collaborative Initiatives
- Co-Design Solutions
- Create Strategic Partnerships
- Improve Public Health and Expand Access to Health Resources and Opportunity
- Transform Public Streets and Spaces
- People of All Ages, from Children to Older Adults
- Underserved Populations
- Local Agencies and Partner Organizations
- Pedestrians, Cyclists and Transit Users
- Improve Health Outcomes and Prevent Illness
- Close the Gap in Community Health
- Promote Access to Live a Healthy Life
- Improve Well-Being and Quality of Life at All Ages



















Initiatives & Areas of Impact



A partnership with UHP means working together so we can make a real difference in our community. It's about being supported, heard and having the tools to create change. Together we are stronger and can build a brighter future for everyone.

- Ellie Lei Miami-Dade County Community Liaison



I have gained knowledge and wisdom in understanding how each citizen feels about improving our community and that their opinion and feedback are essential to the community.

- Tara Kitt-Laudat Miami Gardens Community Liaison

Impact Highlights By the Numbers



3500+

Participants have attended UHP-led, large-scale events since 2015.



60+

Community Liaisons have been hired, trained and work with UHP to engage residents across 12 projects.



80+

Age-friendly policy, systems and environmental changes implemented in Miami-Dade County since 2012.



195+

Miles in Broward County in various phases of Complete Streets implementation following UHP' assistance to the Broward Metropolitan Planning Organization's Initiative.



40+

Food access policy and system improvements have been implemented.



6,166,488

Residents we serve across 44 communities and 3 counties.



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